JONESVILLE BAPTIST CHURCH
FULL GOSPEL APOSTOLIC CHURCH



CORPORATE/NORMAL FASTING GUIDE

**JANUARY 6-15, 2021** 

#### CONSECRATION

#### GOAL

Focus consecrated days of fasting and prayer for 10 days out of the month.

### 10 DAYS OF SPIRITUAL DISCIPLINE

Adding Godliness as a replacement to how we handle our free-time throughout the day.

## 10 DAYS OF STRUCTURED EATING

Taking sweets our of our diet and replacing them with fruit [in moderation] when breaking your fast daily. Abstain from solids and liquids for the set period of time each day: 12 midnight - 3pm.



#### **PRAYER SCHEDULE**

## **CORPORATE PRAYER**

6:00am - 7:00am AND 6:00pm - 7:00pm

We are corporately praying for:

#### <u>DAY 1-5</u>

Pray for atonement, healing, repentance, forgiveness, and cleansing of sinful habits.

#### **DAY 6-10**

Pray for love building: home, family, community, church, and self.

#### **FAST SCHEDULE**

### **DAILY FAST**

Start Time: 12 midnight End Time: 3:00pm

Abstain from solids, liquids, and sweets

# **JANUARY 6-15, 2021**

Start your fast at midnight on January 5

This is a *CORPORATE* fast; Bishop asks that we all start and end our daily fast together.



Remember, fasting is more than just abstaining from food; it is an act of self-denial for higher purposes; therefore, it is important to CHECK YOUR MOTIVES and HEART attitudes with the Lord before you determine to fast. – Read Matthew 6:16-18

## **BISHOP JAMES G. RODGES, PASTOR**

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Find us on



